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Hypothesis

The 5-Lipoxygenase as a Common Pathway for Pathological Brain and Vascular Aging

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Abstract

Epidemiological studies indicate age as a strong risk factor for diseases. During the aging process, changes in the expression of these diseases. 5-Lipoxygenase (5-LO) by oxidizing fatty acids for inflammatory reactions, two key pathogenic events in both clinical cardiovascular as well as in the central nervous system, where its role it may be involved in their diseases of aging. The central theme is the biologic link between different stressors and the development of cardiovascular disease. We hypothesize that the age-dependent upregulation of 5-LO represents a common pathway in the brain, where a subsequent exposure to triggering stimuli leads to an inflammatory reaction, and ultimately results in increased organ vulnerability.

1. Introduction

Consistent demographic data show that due to the improvements in health care, the number of older people (over 65 years) is fast increasing world

Since advancing age is the strongest risk factor for developing chronic diseases, the prevalence of these diseases increases several-fold over the next 15 - 20 years. This fact has created a major public health concern. The aging process in the population in view of the potential catastrophic socioeconomic impact is a major risk factor for atherosclerosis and chronic neurodegenerative diseases. The aging process is the most common feature of the postreproductive organisms and is characterized by a progressive reduction in the efficiency of homeostatic mechanisms. This decline translates to a reduced capacity to maintain homeostatic balance, leading to increased organ vulnerability.

In experimental models, for example, aged animals have an exaggerated atherosclerosis even on a chow diet [3]. On the other hand, they exhibit a form of synaptic potentiation, a form of synaptic plasticity that has been proposed [4], and have impaired spatial learning in the Morris water maze [5].

2. The 5-LO Pathway in the Vasculature and Central Nervous System

5-Lipoxygenase (5-LO) is a member of a large family of enzymes that act on esterified polyunsaturated fatty acids. 5-LO first introduces active oxygen into the fatty acid chain, resulting in the formation of 5-Hydroxy-peroxy-eicosatetraenoic acid (5-HPETE), which is then reduced to 5-Hydroxy-eicosatetraenoic acid (5-HETE), or converted to leukotrienes (LTs) either as an intracellular intermediate in the synthesis of LTB₄ or as an extracellular mediator. LTs can subsequently be taken up by adjacent cells devoid of 5-LO activity and converted to cysteinyl derivatives of LTs by LT synthase. LTs and the cysteinyl derivatives of LTs all have strong biological activities (Figure 1).



Figure 1: Schematic representation of the Arachidonic acid pathway. Arachidonic acid is released from diacylglycerol by Phospholipase C. Once free, arachidonic acid is converted to 5-Hydroperoxy-eicosatetraenoic acid (5-HPETE) by 5-Lipoxygenase (5-LO). 5-HPETE is then reduced to 5-Hydroxy-eicosatetraenoic acid (5-HETE) by 5-Hydroperoxide lyase (5-HPETE reductase). 5-HETE can be converted to Leukotriene A₄ (LTA₄) by 5-Lipoxygenase (5-LO) or to 5-Hydroxy-eicosatetraenoic acid (5-HETE) by 5-Hydroperoxide lyase (5-HPETE reductase). LTA₄ can be converted to Leukotriene B₄ (LTB₄) by Gamma-Glutamyl transaminase (GGT) or to Leukotriene C₄ (LTC₄) by Gamma-Glutamyl transaminase (GGT). LTA₄ can also be converted to Leukotriene A₄ (LTA₄) by 5-Lipoxygenase (5-LO).

5-LO is widely expressed in the cardiovascular system, that is, in endothelial cells, macrophages and neutrophils. Interestingly, its expression level increases with age compared with young ones [7]. This enzymatic pathway is also active in the Central Nervous System (CNS), where it localizes mainly in neuronal cells of the hippocampus. The levels of 5-LO mRNA and protein increase significantly with aging [8, 9].

The expression of 5-LO is susceptible to hormonal regulation, including melatonin deficiency and/or hyperglucocorticoidemia [10, 11], because of its role in the synthesis of eicosanoids. Although in general upregulation of 5-LO might serve a physiological function, increased levels of 5-LO might increase the vulnerability of the cardiovascular system and CNS to oxidative stress. In aged subjects are at greater risk of health complications and mortality. The upregulation of 5-LO with aging, via the upregulation of 5-LO, can be an important mechanism by which the enzymatic pathway are of particular importance.

3. 5-LO, Aging and Cardiovascular Diseases

Recent studies have implicated 5-LO in the pathogenesis of atherosclerosis in subpopulations with increased risk of atherosclerosis.

Age is an established risk factor for atherosclerosis. Older animals have more extensive atherosclerosis than younger animals [17, 18]. Age-associated atherosclerosis results from increased oxidative stress, leading to inflammation and oxidative damage in animals demonstrate increased generation of reactive oxygen species with age-associated remodeling changes, and oxidation of lipids, and proatherogenic actions [20, 21]. Interestingly, in experimental models, atherosclerosis is exacerbated by inflammatory stress such as lipopolysaccharide receptor 4 (TLR4) on the surface of a variety of cell types stimulates the production of inflammatory leukotrienes derived from the 5-LO pathway [25]. Genetic deficiency of the 5-LO enzyme or its genetic deficiency affords a significant protective effect against atherosclerosis. These facts, together with the upregulation of 5-LO in the aging brain, suggest that the enzymatic pathway plays a functional role in the development of atherosclerosis.

4. 5-LO, Aging and Neurodegenerative Diseases

In the CNS, aging, in general, is associated with an increased incidence of neurodegenerative diseases, among them, AD is the most frequent [27, 28]. From a biochemical perspective, aging is associated with microglia activation and a diffuse and chronic brain inflammation in the CNS. Interestingly, aged animals show greater increase in central inflammation following both peripheral and central LPS administration [30, 31]. This inflammation is associated with a decrease in spatial working memory than is seen in young adult mice [32, 33]. Thus, as stress appears to sensitize the CNS to subsequent insults, it also sensitizes cells of the immune system to stress itself. Although the mechanisms underlying cognitive responses and memory performance in elderly, however, the direct effects of stress on the brain are unknown. In the aging brain, the prolonged stress-dependent inflammation leads to an augmented neuronal vulnerability which often culminates in cell death. According to the neuroinflammation hypothesis, recent work has also highlighted a novel concept that microglia receptors as well as amyloid beta peptide metabolism, both of which are upregulated in the aging brain, contribute to brain aging [34, 35].

5. Peripheral Stressors: Effect on Cardiovascular and Neurodegenerative Diseases

Stress is a risk factor for pathological aging because elderly individuals are more likely to develop cardiovascular and/or neurodegenerative disorders than younger individuals. Recent studies suggest that activation of peripheral immune system in elderly subjects is increased but, otherwise, healthy subjects compared with younger cohorts. This activation in aged individuals has been suggested as the basis for this abnormal aging. The upregulation of 5-LO in the aging brain and vasculature by releasing inflammatory factors for these organs facilitating an abnormal inflammatory response, which ultimately results in increased organ vulnerability and functional impairments (Figure 2).



Figure 2: Hypothetical model whereby 5-LO upregulation in the aging brain and vasculature by releasing inflammatory factors for these organs facilitating an abnormal inflammatory response, which ultimately results in increased organ vulnerability and functional impairments (Figure 2).

Importantly, while these responses are transient and reversible in and long-lasting in aged subjects.

In what follows, we briefly discuss two models of stress which have mimicked *in vivo* biologically relevant situations: LPS, as bacterial glucocorticosteroids (as it is typically observed in aging) [36, 37].

6. LPS

Administration of LPS has been widely used as a model to trigger [38 - 41]. These inflammatory responses, in part mediated by 5 accelerate vascular and neuronal vulnerability and subsequent cell endothelial cells and neurons, typical of the aging process macrophages/microglia in these systems and sensitizes them to response to stressors (Figure 2).

7. Glucocorticoids

Recent data suggest that glucocorticoid-sensitive mechanism(s) at the aging brain. Thus, high glucocorticoid levels appear to be a humans with prolonged elevated levels of cortisol exhibit reduced dependent memory tasks compared with normal cortisol control neuronal survival [43] *in vitro*, and impairs cognition *in vivo* [44]. secondary to abnormalities in the hypothalamic-pituitary-adrenal axis inflammatory reactions within the vasculature [45, 46]. In both cases further sensitize these organs to glucocorticoid-mediated detriment

In both cases, the hypothesis could be easily tested considering the enzymatic pathway, together with mice which are genetically deficient with LPS or corticosteroids in the presence of the inhibitors, or the same stressors could provide us with important information supporting

8. Conclusions

Because of the projected aging of the human population, the burden dramatically over the next 20 - 25 years. The identification of a path these diseases and amenable of a therapeutic modulation would improve life for this segment of the population but also in a significantly reduced fact that the 5-LO is significantly increased with aging, which associates well as neurodegenerative diseases, makes this enzymatic pathway

Several molecular mechanisms have been invoked for the 5-LO-risk, and most of them involve modulation of the inflammatory vasculature. It is known about the molecular mechanisms operating in the 5-LO-inflammation. 5-LO in regulating neuroinflammation, more recent works have proposed whereby this enzyme may be involved in pathological brain aging and beta peptide metabolism.

Future studies are warranted to provide a more conclusive evidence of the molecular mechanisms responsible for it.

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