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## 重症监护病房患者镇痛镇静的研究进展

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**摘要:**镇痛镇静治疗已经成为重症监护病房中综合治疗的重要组成部分, 可以消除焦虑、躁动和谵妄, 减轻应激反应, 改善患者睡眠、诱导遗忘, 提高机械通气的协调性。针对伤害性刺激, 使危重患者处于舒适和安全的理想水平。本文对重症监护病房患者镇痛镇静治疗进行了综述。

**关键词:**麻醉和镇痛; 重症监护病房

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