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论著及编著	**Niu, K***. Huang, G. Guo, H. (Edited by Victor R. Preedy) Tea in Health and Disease Prevention (Chapter 116: Green tea and feeling depressed: a promising challenge). Academic Press Release Date: 18 Oct 2012; **seven hundred thousands words:** pages 1385-1398.
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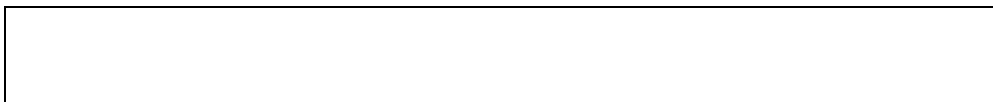
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科研项目

1. 国家自然科学基金，81673166，基于维生素D促进肌纤维形成改善肌肉衰减综合征作用机制的研究，2017/01-2020/12，60万元，在研，主持。

2. 中国营养学会营养科研基金—帝斯曼专项科研基金，2016-046（CNS-DSM），《介于肌肉因子irisin的omega-3脂肪酸对非酒精性脂肪肝改善作用研究：随机双盲对照试验》，2017/1-2018/7，15万元，在研，主持。

3. 明治安田厚生事业团健康医科学研究助成金，24-4，提高养老人院老年人体力方法的研究，2008/1-2008/11，100万日元(约8万元)，已结题，主持。

4. 日本蜜蜂研究基金，0022，《蜂王浆对于高龄鼠的肌肉卫星细胞(satellite cells=肌肉干细胞)的机能和增殖能的影响》，2008/07-2009/06，180万日元(约14万元)，已结题，主持。

5. 日本文部科学省科学研究费辅助金，21790763，《mesothelioma的癌干细胞的探索和新治疗法的开发研究：以ampk活性化探讨为中心》，2009/04-2012/03，416万日元(约33万元)，已结题，主持。

6. 日本蜜蜂研究基金，0022，《蜂王浆对于高龄者体力的影响（预备试验）》，2010/04-2011/03，1000万日元(约80万元)，已结题，主持。

7. 全日本咖啡协会研究基金，23-4，《咖啡成分对于高龄鼠的肌肉卫星细胞(satellite cells=肌肉干细胞)的机能和增殖能的影响》，2011/4-2012/3，150万日元(约12万元)，已结题，主持。

8. 日本蜜蜂研究基金，0022，《蜂王浆对于老年人体力的影响（iii期试验)》，2011/4-2015/03，2700万日元(约216万元)，已结题，主持。

9. 日本蜜蜂研究基金，0022，《老年肌肉衰减综合征预防法开发的研究》，2013/01-2016/12，15万元，在研，主持。

10. 中国营养学会营养科研基金—帝斯曼专项科研基金，2014-071(cns-dsm)，《富含维生素或omega-3脂肪酸的膳食模式与代谢综合征及其组成成分的关系：系统综述与荟萃分析》，2014/10-2015/09，5万元，已结题，主持。

荣誉奖励

1. 2017.02《中华健康管理学杂志》金笔奖.

2. 2015.12 "丝路新世界青春中国梦"全国大学生圆梦中国暑期实践季专项行动中，荣获优秀首席专家称号. 全国学联秘书处共青团中央学校部.

3. 牛凯军. Adiponectin attenuates the proliferation of malignant mesothelioma cells by inhibition of the ampk/cyclooxygenase-2 pathway. Izurespirology forum, 第11届iref青年研究者奖(11th iref young investigators's award)，2008年8月（日本/伊豆）.

4. 牛凯军. Effects of royal jelly on satellite cells function and proliferation in aged mice, 日本蜜蜂研究基金，优秀奖，2009年11月（日本/东京）.

其他事项