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The JOURNAL OF HUMAN SPORT AND EXERCISE (ISSN 1988-5202; DOI: 10.4100/jhse) is a scientific review published by the Research Group for The Sciences of Physical Activity and Sport, attached to the Department of General and Specific Didactics of the Faculty of Education at the University of Alicante. This publication is a result of the current development of Sports Sciences that are claiming their place as a potential field of knowledge in a world context.

The review is published electronically, with two issues a year and one special issue dedicated to a topic of interest, generated by the minutes of an international congress, all subject to external assessment. Our publication also identifies itself with the advances being made in Sports Sciences from an international perspective. The publication's advisory board is therefore composed by experts from different Universities in several countries.

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