

王相明, 侯莹, 李文. 低频电刺激治疗卒中后面瘫的疗效观察[J]. 中国康复医学杂志, 2009, (3): 233-235

低频电刺激治疗卒中后面瘫的疗效观察 [点此下载全文](#)

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基金项目:

DOI:

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摘要:

目的: 观察低频电刺激对卒中后面瘫(FPS)的临床疗效, 探索卒中后面瘫的治疗方法。方法: 将临床确诊的56例FPS患者随机分为电刺激治疗组(治疗组, 36例)和常规对照组(对照组, 20例)。2组均给予常规内科治疗, 治疗组同时给予低频电刺激治疗。比较2组治疗前、治疗后10d、治疗后1个月面神经功能评分(modified House-Brackmann, MHBN), 同时对2组治疗后的临床症状改善率及治疗后3个月的疗效进行比较。结果: 2组治疗前MHBN评分差异无显著性意义( $P>0.05$ ), 治疗后10d、治疗后1个月MHBN评分差异有显著性意义( $P<0.05$ )。经1个疗程治疗后, 治疗组患者有效率达80.5%, 高于对照组( $P<0.05$ ), 治疗结束后3个月随访, 2组疗效差异有显著性意义( $P<0.05$ )。结论: 低频电刺激治疗急性期FPS能明显提高疗效, 为FPS患者提供了一种新的治疗方法。

关键词: [低频电刺激](#) [卒中](#) [面瘫](#)

A clinical study of low frequency electric-stimulation on patients with facial palsy after stroke [Download Fulltext](#)

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Abstract:

Objective: To observe the effects of low frequency electric-stimulation on clinical manifestation in patients with facial palsy after stroke(FPS). Method: Fifty-six cases of FPS patients were randomly divided into two groups: treatment group (n=36) and control group(n=20). Both groups received routine internal medicine treatment; in addition, treatment group was treated with low frequency electric-stimulation simultaneously. Facial nerve modified House-Brackmann score(MHBN) and improvement rate of clinical symptoms were observed at 10d and 1 month, 3 months after treatment. Result: At 10d and 1 month after treatment there were statistical differences in MHBN scores in two groups( $P<0.05$ ). The effective rates were 80.5% and 55% in treatment group and control group respectively( $P<0.05$ ). In 3 month follow up after treatment, there was statistical difference in recovery rates of two groups( $P<0.05$ ). Conclusion: Low frequency electric-stimulation could effectively improve effects of patients with FPS as a new treatment method for FPS.

Keywords: [low frequency electric stimulation](#) [stroke](#) [facial palsy](#)

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