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针刺百会、水沟、神门对血管性痴呆患者丘脑葡萄糖代谢的影响 [点此下载全文](#)

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摘要:

目的:观察百会、水沟、神门针刺前后,血管性痴呆(VD)患者丘脑葡萄糖代谢的变化,研究该穴组对丘脑功能的影响.方法:10例VD患者,随机分为2组.对照组治以针对偏瘫的常规穴位(手足三阳经为主),治疗组加用百会、水沟、神门.治疗前后,所有患者均接受正电子发射型计算机断层显像检测葡萄糖代谢水平.划定VD患者双侧丘脑为感兴趣区,分析其葡萄糖代谢水平,并进行治疗前后的比较.结果:治疗组治疗后,双侧丘脑葡萄糖代谢有显著提高;对照组治疗后,双侧丘脑均无明显变化.结论:百会、水沟、神门能有针对性地作用于VD患者的丘脑,提高其葡萄糖代谢.

关键词: [血管性痴呆](#) [针刺](#) [丘脑](#) [葡萄糖代谢](#) [正电子发射型计算机断层显像](#)

Effects of needling in Baihui, Shuigou and Shenmen on thalamus glucose metabolism in vascular dementia patients [Download Fulltext](#)

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Abstract:

Objective: To observe the effect of needling in Baihui (DU20), Shuigou (DU26) and Shenmen (HT7) on thalamus glucose metabolism in vascular dementia patients. Method: Ten patients suffered from vascular dementia were divided into 2 groups randomly. Patients in group A received the treatment of needling in the routine Acu-points for hemiplegia (Acu-points were chosen from 6 Yang meridians of hand and foot), while patients in group B received the treatment of adding 3 Acu-points, Baihui (DU20), Shuigou (DU26) and Shenmen (HT7), which were specially chosen for the treatment of dementia. All the patients were examined by positron emission tomography (PET) in order to detect the glucose metabolism of bilateral thalamus before and after treatment. Then the results were compared statistically. Result: Glucose metabolism in bilateral thalamus increased obviously in group B, but had no change in group A after treatment. Conclusion: Needling in Baihui (DU20), Shuigou (DU26) and Shenmen (HT7) can specially act on thalamus of vascular dementia patients and improve its glucose metabolism level.

Keywords: [vascular dementia](#) [acupuncture](#) [thalamus](#) [glucose metabolism](#) [positron emission tomography](#)

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