

王萍, 江钟立, 田智慧, 林枫, 吴维燕, 张勤, 孟殿怀, 曹蓉. 肥胖康复流程与肥胖国际功能、残疾和健康分类核心组套的对比研究[J]. 中国康复医学杂志, 2012, (1): 35-39

肥胖康复流程与肥胖国际功能、残疾和健康分类核心组套的对比研究 [点此下载全文](#)

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基金项目: 江苏省社会发展支撑计划 (BE2009613)

DOI:

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摘要:

摘要目的: 探索利用肥胖国际功能、残疾和健康分类 (ICF) 核心组套评价我科肥胖康复干预流程。方法: 应用标准的ICF联系规则, 将我科肥胖的临床康复流程与ICF核心组套相匹配。结果: 在“身体功能”、“身体结构”、“活动和参与”、“环境因素”四大方面, 匹配条目数分别为23条, 24条, 3条, 11条, 其中客观评价匹配所占比例分别为82.61%、90.91%、79.17%、100%。匹配的总条目数为61条, 占肥胖ICF综合组套109条的55.96%。“身体结构”和“环境因素”的评估分别由临床医生和康复治疗师全部承担, “身体功能”和“活动和参与”的评估主要由康复治疗师承担, 也有临床医生参与其中。结论: 目前我科肥胖的临床康复流程基本符合WHO肥胖ICF核心组套的要求, 在身体结构和环境因素方面还需完善。

关键词: [肥胖](#) [国际功能、残疾和健康分类](#) [核心组套](#)

Mapping an obesity rehabilitation protocol to International Classification of Functioning, Disability and Health core set for obesity [Download Fulltext](#)

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Abstract:

Abstract Objective: To evaluate obesity rehabilitation intervention protocol in our department by mapping it against the International Classification of Functioning, Disability and Health (ICF) core set for obesity. Method: The contents of our department obesity rehabilitation intervention protocol were linked to the categories of obesity ICF core set by applying ICF linking rules. Result: In the four domains of "body function", "body structure", "activities and participation" and "environmental factors", the numbers of matching categories were 23, 24, 3, 11, respectively, in which objective evaluation were 82.61%, 90.91%, 79.17%, 100%, respectively. The matching total numbers were 61 categories, accounting for 55.96% in 109 of obesity ICF comprehensive core set. Clinicians and rehabilitation therapists fully assumed assessment operation of "body structure" and "environmental factors" respectively. The assessment operations of "body functions" and "activities and participation" were mainly assumed by rehabilitation therapists, and also sometimes by clinicians. Conclusion: Current obesity rehabilitation protocol accords basically with requirements of obesity ICF core set, in which the domains of body structure and environmental factors need to be further improved.

Keywords: [obesity](#); [International Classification of Functioning](#) [Disability and Health](#); [core set](#)

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