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#### 论文

冬虫夏草氨基酸成分的药理分析

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摘要:

按照天然冬虫夏草所含的18种氨基酸成分进行人工配伍(配 I),以小白鼠自发活动为指标,证明配 I 具有与天然虫草相似的作用;但商品复合氨基酸注射液(虽然总氨基酸含量相等)却作用显著为弱。两种复合氨基酸中含量相差5倍以上者只有谷氨酸,色氨酸及酪氨酸,再以此3种氨基酸人工配伍(配 II)。亦获同样药理效应。经正交试验证明色氨酸为主要有效成分,并求得最佳剂量比例。用碳粒廓清法证明配 II 对小白鼠无增强单核巨噬细胞吞噬功能。

关键词: 冬虫夏草 氨基酸 镇静作用 色氨酸

# A PHARMACOLOGICAL ANALYSIS OF THE AMINO ACID COMPONENTS OF CORD YCEPS SINENSIS SACC

SS Zhang; DS Zhang; TJ Zhu and XY Chen

#### Abstract:

An artificial complex of amino acids (C  $\,$  I )was made by mixing 18 synthetic amino acids, according to the kinds and contents the amino acid contained in the natural  $\,$ Cordyceps sinensis Sacc., It showed the same sedative action as the natural  $\,$ C. sinensis, as indicated by the spontaneous activity inhibition in mice (photocell method ). However, the action of commercial complex amino acid injection(12  $\,$ X, total amino acid components are similar to C  $\,$ I )was more attenuated than that of C  $\,$ I. Comparing amino acid components of 12  $\,$ X with C  $\,$ I , the latter was found to contain 5 times as much glutamic acid, tryptophan and tyrosine as those of 12  $\,$ X (tab 1). Another artificial amino acid complex (C  $\,$ II) consisting of the above mentioned 3 amino acids, also showed the same sedative action. This suggests that tryptophan is the principal component by orthogonal test . However ,C  $\,$ II did not enhance the phagocytic action of mononucleophagocyte as the natural  $\,$ C. Sinensis did in the clear rate test of carbon granule from mice serum.

Keywords: Amino acid Sedation L-Tryptophan Cordyceps sinensis

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