### 论著

中链甘油三酯对小鼠胆固醇代谢和胆固醇7a-羟化酶表达的影响 李燕,马静,韩平华,凌文华

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目的:研究中链甘油三酯对小鼠胆固醇代谢的影响及可能的机制。方法: 分别用AIN-93G配方饲料 (BC), 含1%胆固醇的AIN-93G配方饲料(Chol),含1%胆固醇和14%富含豆蔻酸的长链甘油三酯 (LCT)的AIN-93G配方饲料(Chol+LCT),含1%胆固醇和14%的中链甘油三酯(MCT)的AIN-93G配方 饲料(Chol+MCT)喂养C57小鼠6周,每组15只。观察血清总胆固醇(TC)、肝脏胆固醇含量、机体总胆汁酸含<mark>▶加入引用管理器</mark> 量以及肝脏胆固醇7a-羟化酶(CYP7A1)的表达。 结果: Chol+MCT组小鼠血清TC低于(P<0.01)、肝 脏胆固醇高于(P<0.01)、机体总胆汁酸含量低于(P<0.01)、CYP7A1表达低于(P<0.01)Chol组小 鼠;Chol+MCT组小鼠血清TC低于(P<0.01)、机体总胆汁酸含量以及CYP7A1 表达高于(P<0.01) Chol+LCT组小鼠、肝脏胆固醇含量不变。 结论: MCT对机体胆固醇水平的影响与CYP7A1表达有关。 甘油三酯类; 胆固醇; 胆汁酸类和盐类; 胆固醇7α-羟化酶 关键词

分类号 R151.2

# Effect of MCT on CYP7A1 gene expression and cholesterol metabolism in mice

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#### Abstract

<FONT face=Verdana>AIM: To explore the effect and the corresponding mechanism of medium chain triglyceride (MCT) on CYP7A1 gene expression in mice. METHODS: C57BL/6J mice (15/group) were respectively received mash as AIN-93G formula (basic control BC), or 1% cholesterol supplemented AIN-93G formula (Chol), or 1% cholesterol and 14% long chain triglyceride (LCT) rich in myristic acid supplemented AIN-93G formula (Chol+LCT), or 1%cholesterol and 14% MCT (caprylic acid/capric acid: 3/1) supplemented AIN-93G formula (Chol+MCT) for 6 weeks. The change of serum total cholesterol (TC), the content of cholesterol in liver, the bile acid pool of mice and the expression of cholesterol 7-hydroxylase (CYP7A 1) gene were investigated. RESULTS: Compared to mice fed Chol diet, the mice fed Chol+MCT diet had the lower serum TC (P<0.01), higher liver cholesterol (P<0.01), smaller bile acid pool (P<0.01) and lower CYP7A1 gene expression (P<0.01). Compared to mice fed Chol+LCT diet, the mice of Chol+MCT group had lower serum TC (P<0.01), higher bile acid pool (P<0.01) and higher CYP7A1 gene expression (P<0.01). The levels of liver cholesterol were almost the same. CONCLUSION: The results of this study demonstrate that the effect of MCT on cholesterol level is related to CYP7A1 gene expression. </FONT>

Key words Triglycerides Cholesterol Bile acids and salts Cholesterol 7 alpha-hydroxylase

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