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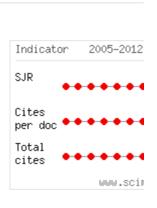
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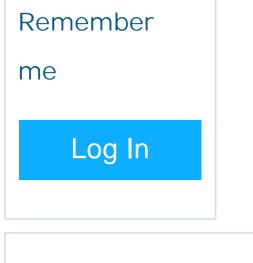
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Winning or not winning: the influence on coach-athlete relationships and goal achievement

Rui Trocado Mata, Antonio Rui da Silva Gomes

Abstract

This study analyzes the relation between sports success and athletes' perception of coaches' leadership, athletes' satisfaction with coaches' leadership, coach-athlete compatibility, and goal achievement. Sixty-six athletes who qualified for the final Division I play-offs of a professional volleyball championship were grouped into winning (n = 21) and non-winning teams (n = 45).



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Leadership styles, satisfaction with leadership, coach-athlete compatibility, and goal achievement were evaluated. Analysis of variance with repeated-measures revealed that winning teams the evaluated their coaches' vision, inspiration, technical coaching, positive feedback, and active management more positively than non-winning and that teams their satisfaction with coaches' strategies increased over time. multivariate analysis variance (MANOVA) indicated the winning teams' that perceived achievement of personal and team goals was greater than that of the nonwinning teams. Sports success was associated with athletes' positive evaluation of leadership, coaches' satisfaction with coaches' strategy, and higher perceived

goal attainment.

Key words: LEADERSHIP;

COACHING; SATISFACTION;

COMPATIBILITY; SPORTS

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