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食欲素调控机体糖代谢

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Orexin: Regulation in Body Glucose Metabolism

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摘要 下丘脑食欲素(orexin)是调节睡眠与觉醒、饮食行为、情感、自主神经活动以及全身糖代谢的主要神经肽之一。本文综述了下丘脑orexin在机体糖代谢平衡中的主要作用,阐述了orexin在糖代谢中的作用模式及其分子机制。

关键词: 食欲素 神经元 下丘脑 糖代谢

Abstract: Hypothalamic orexin are known to regulate sleep/wake, feeding behavior, emotions, autonomic nerve activity, and whole-body glucose metabolism. This review mainly discussed the main roles of orexin in glucose metabolism balance, and the action model and molecular mechanism in glucose metabolism.

Keywords: orexin, neuron, hypothalamus, glucose metabolism

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