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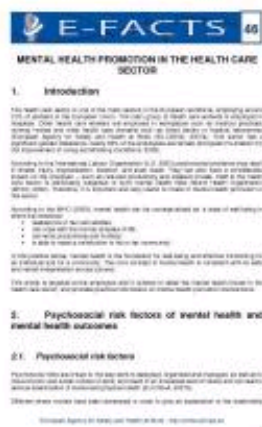
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# Publications

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21/10/2009

## E-fact 46: Mental health promotion in the health care sector



According to the International Labour Organisation (ILO, 2005) psychosocial problems may result in illness, injury, stigmatization, isolation, and even death. They can also have a considerable impact on the employer – such as reduced productivity and lowered morale. Staff in the health care sector is particularly subjected to such mental health risks (World Health Organisation (WHO), 2004).

Therefore, it is important and very useful to invest in mental health promotion in this sector.

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## OSHWiki featured articles

Work-related exposure to tobacco smoke and support for workers' smoking cessation at the workplace

**Kari E. Reijula, Jere P. Reijula**, Finnish Institute of Occupational Health, Finland

Tobacco use in EU has claimed over 10 million lives during the previous century

and will lead to another 100 million deaths during the 21st century. Over 50% of smokers die due to tobacco-related diseases and on average smokers die 14 years earlier than non-smokers. Smoking tobacco is the largest avoidable [health risk](#) in the EU causing annually to 700 000 premature deaths. There is potential for workplaces and occupational health programmes to play a more active role in helping smokers to quit.

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