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Publications

29/05/2012

E-fact 59 - Tobacco: advice for smokers on health effects

The harmful effects of smoking tobacco are well documented, both for the smokers themselves, and those passively exposed to cigarette smoke (environmental tobacco smoke, also called second-hand smoke). This e-fact is designed to highlight the wide-ranging benefits of smoking cessation both for individual workers and employers. It will also provide ideas on how employers can support their employees in making this change.

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Related publications

21/11/2018

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