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Czech Journal of

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home page about us contact

US

## Table of Contents

**IN PRESS** 

**CJFS 2014** 

**CJFS 2013** 

**CJFS 2012** 

**CJFS 2011** 

**CJFS 2010** 

**CJFS 2009** 

**CJFS 2008** 

**CJFS 2007** 

**CJFS 2006** 

**CJFS 2005** 

**CJFS 2004** 

**CJFS 2003** 

**CJFS 2002** 

**CJFS 2001** 

**CJFS Home** 

## Editorial Board

#### **For Authors**

- AuthorsDeclaration
- Instruction to Authors
- Guide for Authors
- CopyrightStatement
- Submission

## For Reviewers

- Guide for Reviewers
- ReviewersLogin

#### **Subscription**

## Czech J. Food Sci.

Tříska J., Houška M.: Physical methods of

# resveratrol induction in grapes and grape products — a review

Czech J. Food Sci., 30 (2012): 489-502

Trans-resveratrol ((E)-3,4',5trihydroxystilbene) is a substance that is produced by a large number of plants as a phytoalexin and has a wide range of beneficial biological properties. Resveratrol has been credited as being potentially responsible for the "French paradox" — the observation that the French have a relatively low incidence of coronary heart disease, even though their diet is high in saturated fats. This review deals with the methods serving for the increase of the resveratrol content in wine products - wine and grape juices. The methods reviewed are UV irradiation of grapes and ozonisation of grapes. The discussed methods describe the ways of increasing resveratrol contents in grapes wine using " natural" methods. Resveratrol is increased endogenously and therefore, it needs not be declared as the added substance on the product iabolo.

#### **Keywords:**

trans-resveratrol; methods of enchrichements; UV irradiation; ozonisation

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