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摘要:

大豆是我国的传统食品,营养丰富,并且含有多种生物活性物质.大豆皂甙由皂甙元和低聚糖构成,由于组成大豆皂甙的甙元和多聚糖的种类不同,大豆皂甙具有多种生物学和药学性质,如降低血脂、抗癌、抑制血小板凝聚、抗病毒等作用.本文总结了近年来有关大豆皂甙的一些研究进展,包括大豆皂甙的成分、含量、性质、作用机理及分析检测方法等,展望了开发利用大豆皂甙的前景.

关键词: 大豆皂甙 研究 应用**Progress and Application on Soyasaponin Research**

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Abstract:

Soybean is a traditional food in China. It contains rich nutrition and multiple biological active matters. Soyasaponins have been known to contain an aglycone, linked to one or more sugar or oligosaccharide moieties. As the aglycone and the oligosaccharide moieties are different, soyasaponins show different biosiological and pharmacological properties, such as goitrogenic, antitumor, antioxidative and HIV resistance. This paper summarizes the recent research advances on soyasaponins, including soyasaponin composition, content, character and effect mechanism and the analytical testing methods, etc. It also look into the prospect for the development and utilization of soyasaponins.

Keywords: soyasaponin research application

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