

Microsoft Word document content, including a header with page number 1, a title 'Microsoft Word 10.0 帮助', and a table of contents. The table lists sections like 'Root Entry', 'FP 格式', 'Data 1', 'H1标题', '98WordDocument', 'SummaryInformation', 'DocumentInformation', and 'CompObj'. The document is titled 'Microsoft Word 10.0 帮助' and is a help file for Microsoft Word 10.0.