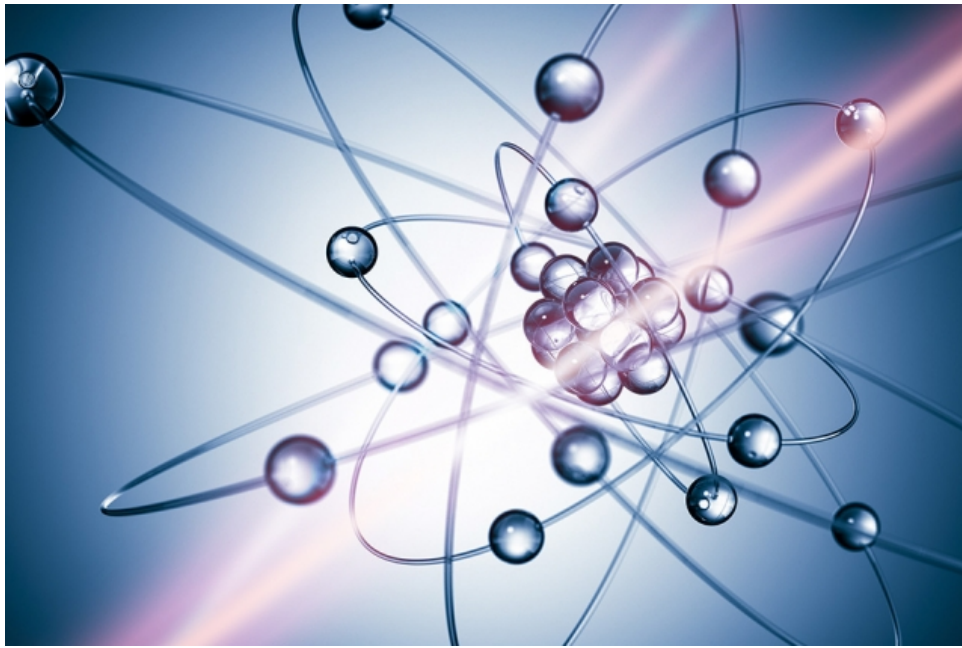


# MIT News

ON CAMPUS AND AROUND THE WORLD



MIT physicists have invented a new technique to cool atoms into condensates, which is faster than the conventional method and conserves a large fraction of the original atoms.

## A faster way to make Bose-Einstein condensates

Method of laser cooling may speed up investigations into magnetism and superconductivity.

**Jennifer Chu | MIT News Office**  
**November 23, 2017**

The world of an atom is one of random chaos and heat. At room temperatures, a cloud of atoms is a frenzied mess, with atoms zipping past each other and colliding, constantly changing their direction and speed.

Such random motions can be slowed, and even stopped entirely, by drastically cooling the atoms. At a hair above absolute zero, previously frenetic atoms morph into an almost zombie-like state, moving as one wave-like formation, in a quantum form of matter known as a Bose-Einstein condensate.

Since the first Bose-Einstein condensates were successfully produced in 1995 by researchers in Colorado and by Wolfgang Ketterle and colleagues at MIT, scientists have been observing their strange quantum properties in order to gain insight into a number of phenomena, including magnetism and superconductivity. But cooling atoms into condensates is slow and inefficient, and more than 99 percent of the atoms in the original cloud are lost in the process.

Now, MIT physicists have invented a new technique to cool atoms into condensates, which is faster than the conventional method and conserves a large fraction of the original atoms. The team used a new process of laser cooling to cool a cloud of rubidium atoms all the way from room temperature to 1 microkelvin, or less than one-millionth of a degree above absolute zero.

With this technique, the team was able to cool 2,000 atoms, and from that, generate a condensate of 1,400 atoms, conserving 70 percent of the original cloud. Their results are published today in the journal *Science*.

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Vladan Vuletić

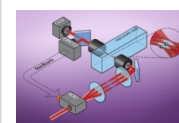
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### ARCHIVES



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Vanishing friction

“People are trying to use Bose-Einstein condensates to understand magnetism and superconductivity, as well as using them to make gyroscopes and atomic clocks,” says Vladan Vuletić, the Lester Wolfe Professor of Physics at MIT. “Our technique could start to speed up all these inquiries.”

Vuletić is the senior author of the paper, which also includes first author and research assistant Jiazhong Hu, as well as Zachary Vendeiro, Valentin Crépel, Alban Urvoy, and Wenlan Chen.

#### “A small fraction and a big drawback”

Scientists have conventionally created Bose-Einstein condensates through a combination of laser cooling and evaporative cooling. The process generally begins by shining laser beams from several directions on a cloud of atoms. The photons in the beam act as tiny ping pong balls, bouncing off much larger, basketball-sized atoms, and slowing them down a little in each collision. The laser’s photons also act to compress the cloud of atoms, limiting their motion and cooling them in the process. But researchers have found there’s a limit to how much a laser can cool atoms: The more dense a cloud becomes, the less room there is for photons to scatter; instead they start to generate heat.

At this point in the process, scientists typically turn off the light and switch to evaporative cooling, which Vuletić describes as “like cooling a coffee cup — you just wait for the hottest atoms to escape.” But this is a slow process that ultimately removes more than 99 percent of the original atoms in order to retain the atoms that are cold enough to turn into Bose-Einstein condensates.

“In the end, you have to start with more than 1 million atoms to get a condensate consisting of only 10,000 atoms,” Vuletić says. “That’s a small fraction and a big drawback.”

#### Tuning a twist

Vuletić and his colleagues found a way to get around the initial limitations of laser cooling, to cool atoms into condensates using laser light from start to finish — a much faster, atom-conserving approach that he describes as a “longstanding dream” among physicists in the field.

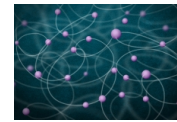
“What we invented was a new twist on the method to make it work at high [atomic] densities,” Vuletić says.

The researchers employed conventional laser cooling techniques to cool a cloud of rubidium atoms down to just above the point at which atoms become so compressed that photons start to heat up the sample.

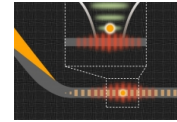
They then switched over to a method known as Raman cooling, in which they used a set of two laser beams to cool the atoms further. They tuned the first beam so that its photons, when absorbed by atoms, turned the atoms’ kinetic energy into magnetic energy. The atoms, in response, slowed down and cooled further, while still maintaining their original total energy.

The team then aimed a second laser at the much-compressed cloud, which was tuned in such a way that the photons, when absorbed by the slower atoms, removed the atoms’ total energy, cooling them even further.

“Ultimately the photons take away the energy of the system in a two-step process,” Vuletić says. “In one step, you remove kinetic energy, and in the second step, you remove the total energy and reduce the disorder, meaning you’ve cooled it.”



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He explains that by removing the atoms' kinetic energy, one is essentially doing away with their random motions and transitioning the atoms into more of a uniform, quantum behavior resembling Bose-Einstein condensates. These condensates can ultimately take form when the atoms have lost their total energy and cooled sufficiently to reside in their lowest quantum states.

To reach this point, the researchers found they had to go one step further to completely cool the atoms into condensates. To do so, they needed to tune the lasers away from atomic resonance, meaning that the light could more easily escape from the atoms without pushing them around and heating them.

"The atoms become almost transparent to the photons," Vuletić says.

This means incoming photons are less likely to be absorbed by atoms, triggering vibrations and heat. Instead, every photon bounces off just one atom.

"Before, when a photon came in, it was scattered by, say, 10 atoms before it came out, so it made 10 atoms jitter," Vuletić says. "If you tune the laser away from resonance, now the photon has a good chance of escaping before hitting any other atom. And it turns out by increasing the laser power, you can bring back the original cooling rate."

The team found that with their laser cooling technique, they were able to cool rubidium atoms from 200 microkelvin to 1 microkelvin in just 0.1 seconds, in a process that is 100 times faster than the conventional method. What's more, the group's final sample of Bose-Einstein condensates contained 1,400 atoms, from an original cloud of 2,000, conserving a much larger fraction of condensed atoms compared with existing methods.

"When I was a graduate student, people had tried many different methods just using laser cooling, and it didn't work, and people gave up. It was a longstanding dream to make this process simpler, faster, more robust," Vuletić says. "So we're pretty excited to try our approach on new species of atoms, and we think we can get it to get it to make 1,000-times-larger condensates in the future."

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