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## How to Develop College Students' Autonomous English Learning Skills ---Take Reading Course in Joint-Program in HCFT as An Example

Jihui Wang

## Abstract

The studies on autonomous learning based on the theories of constructivism and the advantages of technology propose valuable ideas for modern teaching theories and practices. In this paper, we put forward ways and methods in developing learner awareness, learning strategies and habits of autonomous learning in Henan College of Finance and Taxation (HCFT), taking English reading course as an example. The most significant findings are that in the model the guided experimentation promoted students' English language competence to a larger degree than that of traditional ways of learning, and that most of the experimental students became more active and positive in English language learning and eventually enjoyed the process.

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