

## Current issue

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## » Journal Abstract

Injuries and ailments of the Polish participants of the 2000 Paralympic Games in Sydney

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The aim of this paper was to document the injuries and illnesses that occurred to Polish disabled competitors during the 2000 Summer Paralympics in Sydney and also to present the obtained results to the Polish authorities responsible for sports for the disabled so that paralympic competitors would be provided with continuous medical care in a professional way, which is extended to well-bodied athletes. The studies were carried out on 114 competitors that were under medical care during 23 days of the Paralympics i.e. from the departure for Australia till their return to Poland. They belonged to the following competition groups: with impaired sight, amputated limbs, paraplegia, cerebral palsy, and intellectual disability. The studies revealed that they sought medical attention most frequently due to injuries to the motor system, common colds and slightly elevated body temperature. Moreover, medical attention was needed for headaches, insomnia, and stomachaches after meals as well as cases of hypertension, ischialgia, abrasions and bruises, sores of the buttocks, and menstruation-related complaints.

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