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我国高级田径教练员岗位培训内容选择及对创新能力培养的研究

柴国荣; 詹建国

北京体育大学;

摘要: 通过问卷调查法、访谈法、统计法等对我国高级田径教练员岗位培训班教学内容进行了较全面和深入研究。结果表明,多数教练对培训内容表示认可,但还存在一些问题,如教学内容重复、理论知识讲授多、实践内容少等,特别是有关创新知识没有体现在教学内容中,不利于教练员创新能力的培养。

关键词: 田径; 高水平教练员; 培训内容; 创新;

Research on Innovative Ability and the Option of Job Training Content in High-lever Track and Field Coaches in China

CHAI Guo-Rong; ZHAN Jian-Guo

Beijing Sport University; Beijing 100084; China

Abstract: The Questionnaire Survey, Interview And Statistics Are Adopted To Research Deeply The Training Content To High-Lever Track And Field Coaches In China. The Results Show That More Than Half Of Coaches Recognize The Content Of Training, But There Are Some Problems In Them, Such As Overlap Of Teaching Content, More Teaching Theory Knowledge And Less Practice. Especially, The Knowledge Of Innovation Is Not Inflected In The Teaching Content. It Is Not Good To The Development Of Innovative Ability.

Key Words: Athletics; High-Lever Coaches; Training Content; Innovation

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作者简介:

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主管单位: 陕西省体育局 主办单位: 西安体育学院 通信地址: 西安市含光北路65号 邮政编码: 710068

电话号码: 029-88409449 传真号码: 029-88409515 电子信箱: xtxb@xaipe.edu.cn 投稿网址: www.xaty.cb.cnk.net 网络地址: xaty.chinajournal.net.cn