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运动训练与竞赛

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近几年中国男排落后的技战术原因分析

展更豪

首都体育学院排球教研室, 北京100088

摘 要:采用录像统计法、文献资料法、逻辑分析法,对我国男排近3年在第10届世界杯男子排球比赛等世界大赛进行了技术统计,发现了中国男排落后的主要原因在于,各项基本技术的基本功比赛对手较差,战术能力上与世界各强队的差距较大,力量素质较差。

关键词:中国男排;世界杯;技术统计;主要原因;建议

Reason Analysis of Chinese Men's Volleyball Team Lag Behind in Recent Years

ZHAN Geng-Hao

Capital Institute Of Physical Education , Beijing 100088 , China

Absrtact: This Paper Through The Help Of The Tape - Record Statistics, The Reference Of Data And Logical Analysis Of Technique Statistics Of Our Men's Volleyball Team's Competition in The 10th World Cup And The Mains Competitions in Recent Years. We have Founded The Main Causes Of Chinese Volleyball Teamfall Behind The World Are As Fallowing: Firstly, The Basic Technical Actions Have Some Defect, The Short Of Power, The Basic Factors Of Chinese Coaches Have Greatly Fall Behind For Foreign Coach, The Players Of Chinese Men Team Are Short Of Major Technical Knowledge And Basic Knowledge; The Training Forms And Event Managements Are Also Fall Behind. The Idea Of This Paper Tryies To Provide Some Reference And Help For Training Of Chinese Men's Volleyball Teaml

Key Words: Chinese Men' S Volleyball Team; Volleyball World Cup ; Technique Statistics ; Main Causes ; Proposal

(文章全文 PDF)

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作者简介:展更豪(19692),男,河南西华人,讲师,硕士。

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主管单位: 陕西省体育局 主办单位: 西安体育学院

通信地址: 西安市含光北路65号 邮政编码: 710068

电话号码: 029-88409449 传真号码: 029-88409515 电子信箱: xtxb0xai pe. edu. cn 投稿网址: www. xaty. cb. cnk. net 网络地址: xaty. chi naj oumal . net. cn