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主要社会兼职: 担任World Journal of Psychiatry (SCI)、Frontiers in Psychology , (Section: Movement and Sport Psychology, SSCI), I Int J Environ Res Public Health, (Guest Editor, SCI/SSCI)等期刊编委。

研究领域: 生活方式(运动、能量限制、正念等)与心理健康



代表性获奖:

序号	获奖成果名称	成果形式	奖励名称	本人排名	获奖时间	奖励等级	颁奖单位	类别
1	深圳市海外高层次C类人才		深圳市海外高层次C类人才	独立第一	2019-11		深圳市人力资源和社会保障局	

代表性论文:

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序号	论文名称	作者	刊物名称	发表时间	引用次数	刊物级别
1	Cognitive impact of calorie restriction: A narrative review	Yu Q, Zou L* , Kong Z, Yang L.	Journal of the American Medical Directors Association	2020.07	0	SCI
2	Brain Functional Specialization Is Enhanced Among Tai Chi Chuan Practitioners	Chen LZ, Yuan X, Zhang YC, Zhang S, Zou L , Yang L, Chan YK, Xia Q, Wang YQ, Wei GX	Archives of Physical Medicine and Rehabilitation	2020.07	0	SCI
2	Effects of mini-basketball training program on executive functions and core symptoms among preschool children with autism spectrum disorders	Wang JG, Cai KL, Liu ZM, Herold F, Zou L , Zhu LN, Xiong X, Chen AG.	Brain Sciences	2020.05	0	SCI
3	Acute exercise and sustained attention on memory function	Waters A, Zou L* , Jung M, Yu Q, Lin J, Liu S, Loprinzi PD.	American Journal of Health Behavior	2020.05	1	SSCI
4	Does exercise have a protective effect on cognitive function under hypoxia? A systematic review with meta-analysis	Jung M, Zou L* , Yu J, Ryu S, Kong Z, Yang L, Kang M, Lin J, Li H, Smith L, Loprinzi P.	Journal of Sport and Health Science	2020.04	0	SSCI
5	Tai Chi training evokes significant changes in brain white matter network in older women	Yue C, Zou L* , Mei J, Moore D, Herold F, Mueller P, Yu Q, Liu Y, Lin J, Tao Y, Loprinzi P, Zhang Z.	Healthcare	2020.03	2	SSCI
6	Affective and enjoyment responses to short-term high-intensity interval training with low-carbohydrate diet in overweight young women	Kong Z, Hu M, Liu Y, Shi Q, Zou L , Sun S, Zhang H, Nie J.	Nutrients	2020.02	0	SCI
7	Violence and obesogenic behavior among adolescents aged 12-15 years from 62 countries: A global perspective	Smith L, Jacob L, Grabovac I, Lopez-Sanchez GF, Yang L, Carvalho AF, Shin Ji, Sigman A, Zou L , Koyanagi A.	Preventive Medicine	2020.03	0	SCI

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8	Oxygenation of the prefrontal cortex during memory interference	Crawford L, Zou L* , Loprinzi PD.	Journal of Clinical Medicine	2019.12	0	SCI
9	Effects of acute normobaric hypoxia on memory interference	Loprinzi PD, Matalgah Aa, Crawford L, Yu JJ, Kong Z, Wang B, Liu S, Zou L* .	Brain Sciences	2019.11	0	SCI
10	Mental imagery and acute exercise on episodic memory function	Johnson L, Yao J, Zou L , Xiao T, Loprinzi PD.	Brain Sciences	2019.09	0	SCI

附件: 无