

[Available Issues](#) | [Japanese](#)Author: [ADVANCED](#)

Volume Page

Keyword: [TOP](#) > [Available Issues](#) > [Table of Contents](#) > [Abstract](#)

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[\[PDF \(302K\)\]](#) [\[References\]](#)**Self-consciousness and Ego Experience of Asking Questions about “I”**[Yuko Amaya](#)¹⁾

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Ego experience is defined as an incidence of asking questions about “I”, such as “Why am I the person I am?” and “Where have I come from?” In this paper, we report the research on the relationship between self-consciousness and ego experience. A questionnaire was administered to 239 junior high school and 228 college students. Results showed that 118 of the junior high school students (49.4%) reported ego experience, while 108 of undergraduates (47.4%) did the same. Public and private self-consciousness of junior high school students were not yet sufficiently differentiated. However, those who reported own ego experience had them more differentiated than those who did not, with a lower correlation between them. Also, both public and private self-consciousness related to ego experience in junior high school students. In contrast, only private self-consciousness of undergraduates related to ego experience.

Keywords: [self-consciousness](#), [ego experience](#), [junior high school students](#), [undergraduates](#)

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