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## Reliability and Validity of Japanese Revised Version of Reassuranceseeking Scale

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This study investigated the reliability and validity of Japanese revised version of 12 item reassurance-seeking scale. In study 1, 123 undergraduates were asked to complete a questionnaire that included the reassurance-seeking scale, a depression scale, and self-esteem scale. Results showed that reassurance-seeking scale had 2 factors: reassurance-seeking from significant others and interpersonal/cognitive/behavioral factor to seek reassurance. Also the scale had a positive correlation with depression and a negative correlation with self-esteem. In study 2, 397 students participated in a questionnaire study to investigate correlational validity and test-retest reliability of the scale. Results indicated that it again consisted of 2 factors, and that reassurance-seeking correlated with trait-anxiety, need for rejection avoidance, and evaluations by close friends. Implications for future studies of the effects of reassurance-seeking on mental health were discussed.

**Keywords:** reassurance-seeking, reliability, validity, depression, self-esteem



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