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[\[PDF \(353K\)\]](#) [\[References\]](#)**Delusion-like Ideation and Coping: Avoidant vs. Planning Problem-solving Coping Strategy**[Syudo Yamasaki](#)¹⁾²⁾³⁾, [Hiromi Arakawa](#)¹⁾³⁾ and [Yoshihiko Tanno](#)¹⁾

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The purpose of this study was to investigate the relationship between delusion-like ideation and coping strategy in college students, using covariance structure analysis of panel data. First, it was demonstrated that delusion-like ideation was frequently experienced among college students. Second, it was hypothesized that avoidant coping strategy would increase distress of delusion-like ideation, and that planning problem-solving coping would reduce distress of delusion-like ideation. The two hypotheses were tested with a reciprocal effect model. Peters et al. Delusions Inventory and Stress Coping Inventory were administered twice at a month interval to 318 college students. A large majority (95.3%) of the participants had experienced delusion-like ideation. Covariance structure analysis was performed on data of 186 students who experienced such ideation during the interval. A reciprocal effect model with instrumental variables revealed that avoidant coping would increase distress of delusion-like ideation, although planning problem-solving coping was not shown to reduce it.

Keywords: [delusion-like ideation](#), [coping strategy](#), [Peters et al. Delusions Inventory](#), [avoidant coping strategy](#), [planning problem-solving coping strategy](#)



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