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Obsessive-Compulsive Tendency and Parental Rearing Styles of Chinese University Students

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Obsessive-compulsive disorder consists of two major symptoms: obsession and compulsion. However, similar types of thoughts and behaviors are also found among non-clinical population, which are called obsessive-compulsive tendency (OCT). The purpose of the present study was to examine the relationship between OCT of respondents and rearing styles of their parents. In Study 1, a questionnaire was administered to 230 students in Chinese universities. Obsessive-Compulsive Tendency Scale of five subscales was developed, which had high reliability and validity. In Study 2, relationship between OCT and parental rearing styles was examined. Multiple regression analyses revealed that parental rearing styles significantly predicted three subscales of OCT among men: endless rechecking, rightness, and doubt, and the other two subscales among women: washing compulsion and indecision.

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