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ONLINE ISSN: 1349-6174 PRINT ISSN: 1348-8406

The Japanese Journal of Personality

Vol. 16 (2007), No. 1 (2007) pp.36-46

[PDF (280K)] [References]

Development of State Self-esteem Scale

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(Received: 2006/07/24) (Accepted 2007/03/20)

The purpose of this study was to develop state self-esteem scale, based on the self-esteem scale by Rosenberg (1965). Study 1 showed that the new state scale had high internal consistency. Results also indicated that state self-esteem had a positive correlation with senses of being included by others, and a negative one with the sense of being excluded. In Study 2, an experiment was conducted that used an evaluation feedback. Results showed that state self-esteem increased after positive evaluation, and decreased after negative evaluation by others. In Study 3, the correlation between state self-esteem and state anxiety was examined for discriminant validity. Results indicated the correlation was negative. Thus, the new scale was shown to have good reliability and validity.

Keywords: state self-esteem, reliability, validity

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To cite this article:

Miho Abe and Hiroyuki Konno, *The Japanese Journal of Personality*, Vol. **16**, p.36 (2007) .

doi:10.2132/personality.16.36 JOI JST.JSTAGE/personality/16.36

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