

中国青少年心理健康素质·人际素质的研究

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摘要 采用《青少年心理健康素质调查表·人际素质分量表》对全国23个省、市、自治区的44063名青少年心理健康素质发展状况进行调查。结果表明: (1) 我国青少年人际素质处于较好的发展水平; (2) 青少年在整体人际素质及人际交往、人际调控、人际知觉等各维度上的年级变化呈现一定差异, 整体人际素质与人际交往、人际调控维度得分随年级增长呈现下降趋势, 人际知觉维度得分随年级的增长呈逐渐上升趋势。

关键词 [青少年, 人际心理健康素质, 年级差异。](#)
[青少年, 人际心理健康素质, 年级差异。](#)

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DOLESCENT MENTAL HEALTH DIATHESIS: A STUDY OF THE MENTAL QUALITY OF INTERPERSONAL COMMUNICATION

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Abstract A part of the Adolescent Mental Health Diathesis Scale, the Interpersonal Communication Scale(ICS)of Adolescent Mental Quality was used to test 44063 adolescent from grade 5 to undergraduate of their mental quality of adolescent interpersonal communication. The result showed:(1)The general level of mental quality of interpersonal communication of adolescent group was at satisfactory.(2)There was some discrepancy among the developmental tendencies of adolescent in general interpersonal communication and the dimensions. There is a descending tendency with the grades' growing in general interpersonal communication, and there is also a descending tendency with the grades' growing in the ability of communication and the interpersonal adjustment, differently, there is an increasing tendency with the grades' growing in the interpersonal perception.

Key words [adolescent, mental quality of interpersonal communication, developmental characteristics.](#)

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