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## **Editorial:** *Journal of Pediatric Psychology* Statement of Purpose: Section on Single-Subject Studies

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### Abstract

**Objective** The purpose of this editorial is to introduce a new special section on single-subject designs that is designed to encourage the submission of papers to the *Journal of Pediatric Psychology* that utilizes single-subject methodology to investigate the efficacy of treatments for improving the health, mental health, and quality of life for children and adolescents. **Methods and Results** We review the case for using single subject designs in pediatric psychology research and provide examples from the literature of the three most commonly used designs: the reversal or withdrawal, multiple baseline, and changing criterion. We also describe limitations of single subject designs. **Conclusions** We hope this new special section will re-ignite enthusiasm among clinicians and researchers for using single subject designs to advance our

field, provide pilot data for larger trials, and/or further document the efficacy of psychological and medical interventions with various populations.

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