

Oxford Journals > Medicine > Journal of Pediatric Psychology > Volume 32, Number 1 > Pp. 42-51

[◀ Previous Article](#) | [Next Article ▶](#)

**Journal of Pediatric Psychology Advance Access originally published online on June 8, 2006**

Journal of Pediatric Psychology 2007 32(1):42-51; doi:10.1093/jpepsy/jsl004

© The Author 2006. Published by Oxford University Press on behalf of the Society of Pediatric Psychology. All rights reserved. For permissions, please e-mail: [journals.permissions@oxfordjournals.org](mailto:journals.permissions@oxfordjournals.org)

## Agreement with Satisfaction in Adolescent Body Size between Female Caregivers and Teens from a Low-income African-American Community

Andrea L. Mitola, BS<sup>1,2</sup>, Mia A. Papas, PhD<sup>1</sup>, Katherine Le, MPH<sup>1</sup>, Lauren Fusillo, MPH<sup>1</sup> and Maureen M. Black, PhD<sup>1</sup>

<sup>1</sup> Department of Pediatrics, University of Maryland School of Medicine and, <sup>2</sup> Center for Human Nutrition, Department of International Health, Johns Hopkins Bloomberg School of Public Health

All correspondence concerning this article should be addressed to Maureen Black, PhD, 737 W. Lombard Street, Room 161, Baltimore, Maryland 21201. E-mail: [mblack{at}peds.umaryland.edu](mailto:mblack@at.peds.umaryland.edu).

### This Article

- ▶ [Full Text](#) **FREE**
- ▶ [FREE Full Text \(PDF\)](#) **FREE**
- ▶ All Versions of this Article: 32/1/42 *most recent* [jsl004v1](#)
- ▶ [Alert me when this article is cited](#)
- ▶ [Alert me if a correction is posted](#)

### Services

- ▶ [Email this article to a friend](#)
- ▶ [Similar articles in this journal](#)
- ▶ [Similar articles in PubMed](#)
- ▶ [Alert me to new issues of the journal](#)
- ▶ [Add to My Personal Archive](#)
- ▶ [Download to citation manager](#)
- ▶ [Request Permissions](#)
- ▶ [Disclaimer](#)

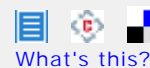
### Google Scholar

- ▶ [Articles by Mitola, A. L.](#)
- ▶ [Articles by Black, M. M.](#)
- ▶ [Search for Related Content](#)

### PubMed

- ▶ [PubMed Citation](#)
- ▶ [Articles by Mitola, A. L.](#)
- ▶ [Articles by Black, M. M.](#)

### Social Bookmarking



[What's this?](#)

## ▶ Abstract

**Objective** To describe body size satisfaction and agreement among low-income, urban, African-American adolescents, and female caregivers. **Methods** Two hundred and fifteen adolescent–caregiver pairs completed measures of demographics, anthropometrics, and body size satisfaction. **Results** Adolescent–caregiver agreement on body size satisfaction varied by body mass index (BMI) category. Among normal weight adolescents, 61% of adolescent–caregivers agreed that current body size was ideal. Among adolescents at risk for overweight, 38% of adolescent–caregivers agreed that current body size was ideal, and 38% were discordant with adolescents wanting to be thinner and caregivers satisfied with current body size. Among overweight adolescents, adolescent–caregiver agreement was 67%; 52% agreed the adolescent should be thinner and 15% agreed current body size was ideal. **Conclusions** Body size satisfaction is related to BMI category for adolescents and caregivers, but adolescents have a lower threshold.

Encouraging caregivers to elicit their adolescents' views on body size satisfaction may enable caregivers to support their adolescents in addressing weight-related issues.

**Key words:** adolescent–caregiver agreement; adolescents; African American; at risk for overweight; body size satisfaction; overweight.

 [CiteULike](#)  [Connotea](#)  [Del.icio.us](#) [What's this?](#)

---

Disclaimer:

Please note that abstracts for content published before 1996 were created through digital scanning and may therefore not exactly replicate the text of the original print issues. All efforts have been made to ensure accuracy, but the Publisher will not be held responsible for any remaining inaccuracies. If you require any further clarification, please contact our [Customer Services Department](#).

Online ISSN 1465-735X - Print ISSN 0146-8693

Copyright © 2008 [Society of Pediatric Psychology](#)



[Site Map](#) [Privacy Policy](#) [Frequently Asked Questions](#)

Other Oxford University Press sites:

