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The Affective Personality and Its Relation to Sexual Fantasies in Regard to the Wilson Sex Fantasy Questionnaire

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ABSTRACT

The present study investigated associations between affective personality types, sex and sexual fantasies. Participants were 209 students, 75 men and 134 women who completed the Wilson Sex Fantasy Questionnaire (Wilson 1978) and the Positive and Negative Affect Scales (Watson, Clark & Tellegen, 1988). Results showed that self-destructive and high affective personality types had more sexual fantasies compared to self-actualizing and low affective types. Men had significantly higher scores on exploratory and impersonal sexual fantasies compared to women. It was suggested that positive affectivity is associated with "external transparency" that is, a susceptibility to stimuli from the outside world, while negative affectivity is associated with "internal transparency" that is a tendency to look inward, reflect and fantasize.

KEYWORDS

Sexuality, Fantasy, PANAS, Affective Personality

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