

Home > Journal > Social Sciences & Humanities > CE

[Indexing](#) [View Papers](#) [Aims & Scope](#) [Editorial Board](#) [Guideline](#) [Article Processing Charges](#)

CE > Vol.1 No.1, June 2010

OPEN ACCESS

The Current Status of General Health Education Curriculum in Technical Institutes and Universities in Taiwan

PDF (Size: 205KB) PP. 62-67 DOI: 10.4236/ce.2010.11010

Author(s)

Su-Chang Chen

ABSTRACT

The purpose of this study is to understand the current status of the establishment of "general health education curriculum" by technical institutes and universities in Taiwan. A questionnaire survey method was used. A total of 75 questionnaires were sent and 41 were returned; the valid return rate was 54.7%. The result showed that the courses on general health can be categorized into four groups: physiological, psychological, nutritional, and fitness health. Group the curriculum by academic fields, and the natural sciences are the course offered by most schools. Group the curriculum by subjects, and courses offered by non-medical institutes focused mostly on psychological and lifestyles (health psychology), while that of the medical-related institutes offer most curriculums in health management (health promotion, health-related physical fitness), health and exercise, medicine and lifestyles (healthcare and life) and nutrition.

KEYWORDS

Health, General Health Education, General Technological Vocational Education, Technical Institutes and Universities

Cite this paper

Chen, S. (2010). The Current Status of General Health Education Curriculum in Technical Institutes and Universities in Taiwan. *Creative Education*, 1, 62-67. doi: 10.4236/ce.2010.11010.

References

- [1] J. Jue, "Some Reflections on General Education in Tai-wan," *General Education Quarterly*, Vol. 9, No. 2, 2002, pp. 143-151.
- [2] Z. Y. Yi, "The Dilemma and Strategy of General Education in the Junior Colleges Upgraded to Institute of Technology: Take Oriental Institute of Technology as an Example," *Journal of Oriental Institute of Technology*, No. 21, 2001, pp. 1-11.
- [3] K. L. Lee, H. T. Tsai and C. C. Lo, "Curriculum Planning on General Education: A Case Study," *General Education Quarterly*, Vol. 7, No. 1, 2000, pp. 67-92.
- [4] H. M. Tsao, "The Principle Foundation of Technological and Vocational Education," *Yu-DA Research*, No. 2, 2001, pp. 164-171.
- [5] H. C. Lin, "The Study of Music Listening Textbook for General Education Curriculum in National Technical Institutes," *Master Thesis of Department of Music, Soochow University*, 2002.
- [6] S. C. Chen, "A Workplace Oriented Planning Framework of Health General Education Teaching Material for Non-Medical Students in Technical General Course—An Example for Subject of Health and Life," *Fooyin General Education Yearly*, No. 4, 2005, pp. 173-191.
- [7] J. H. Xu, "Health Promotion and Health Promotion in Workplace," *The Labor Safe Health Message*, No. 48, 2001, pp. 2-4.
- [8] S. C. Tung and C. Y. Yen, "The Current Statue of Health Promotion in Hsinchu Scientific Park," *Health Promotion & Health Education Journal*, No. 20, 2000, pp. 93-102.

- [Open Special Issues](#)
- [Published Special Issues](#)
- [Special Issues Guideline](#)

[CE Subscription](#)

[Most popular papers in CE](#)

[About CE News](#)

[Frequently Asked Questions](#)

[Recommend to Peers](#)

[Recommend to Library](#)

[Contact Us](#)

Downloads: 166,682

Visits: 373,332

Sponsors >>

[The Conference on Information Technology in Education \(CITE 2012\)](#)

- [9] C. R. Chen, " The Performance and Implement of Workplace Health Promotion," The Industrial Safety En-vironmental Protection Reports, No. 18, pp. 11-12, 2003.
- [10] M. Y. Chen, C. C. Chou, S. H. Huang, M. C. Wang, S. C. Chiou and C. L. LiaoChang, " Chinese Version Revised and Tested of Health Promotion Lifestyle Scale," Chang Gung Nursing, Vol. 8, No. 1, 1997, pp. 14-24.
- [11] G. K. Wu, " The Theoretical Construction and the Study of Present Situation of General Education in Technological & Vocational Education," Doctor Thesis of Department of Education, National Taiwan Normal University, 1999.
- [12] [D. M. Lee, " The Current Conditions of General Education of the Military College with Perspective," General Education Quarterly, Vol. 5, No. 4, 1998, pp. 1-21.
- [13] C. L. Sun, " Exploring the Teaching Quality of General Education at Teachers College: An Evaluation Perspec-tive," Journal of National Taipei Teachers College, Vol. 17, No. 1, 2004, pp. 329-354.
- [14] S. C. Ho and P. C. Sung " The Teaching Result of Health and Life Implement," Fooyin General Education Yearly, No. 4, 2005, pp. 153-171.
- [15] S. C. Chen and Y. H. Lai, " Pender Theories of Health Promotion," Chang Gung Nursing, Vol. 10, No.