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Study of the Effectiveness of Social Skills Training on Social and Emotional Competence among Students with Mathematics Learning Disorder

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ABSTRACT

Introduction: the objective of the study was to determine the effectiveness of life skills training on social and emotional competence of students with mathematics learning disorder. **Materials and Methods:** in this study, 40 students with mathematics learning disorder were randomly selected in two groups including experimental and control. Key math test and Felner social competence questionnaire were used for data gathering. Intervention group was trained by life skills in eight sessions within one month. At the same time, control group was not trained. The students of both groups filled Felner social competence questionnaire before and after training. Then, the data were analyzed by multi-variant variance analysis test. **Findings:** the results showed that life skills training significantly improved social and emotional competence among the students with mathematics learning disorder. **Conclusion:** life skills training improved social and emotional competence among the students with mathematics learning disorder and can be used as an appropriate approach for the improvement of children' s social and emotional competence in learning disorder schools.

KEYWORDS

Mathematics Learning Disorder; Social Skills; Social Competence; Emotional Competence

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