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现代篮球“跑轰”战术特征及应用的研究*

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摘要: 通过文献资料法对现代篮球比赛中盛行的“跑轰”战术进行了细致的剖析, 归纳了现代篮球“跑轰”战术的主要特征: 快速的攻防转换; 球队出手次数增多; 外线投篮增多; 进攻战术简单化; 高得分和高失分。指出其所适应的对象以及采用这种打法时所必须具备的条件, 同时也阐述了采用“跑轰”战术所能取得的效益和所必须承担的压力。

关键词: 篮球; 跑轰; 战术

The Features and Applications of Modern Basketball “run and gun” Tactics

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Abstract: By The Methods Of Literature, Observation, Interview, The “Run And Gun” Tactic Of Modern Game Of Basketball Is Analyzed. It Is Such Summarized The Main Features In The “Run And Gun” Tactic As A Fast Offense And Defense Conversion And The Team Shot's Increase In The Number With Outside Shooting Being Increased; It Is Also Characterized By Offensive Tactics Simplistic; High — Scoring And High — Loss Points. What Is Also Pointed Out There Are The Object Of Their Adaptation And Adoption Of Such A Play. Meanwhile, The According Benefits And Pressure Are Also Presented. The Essence Of The Tactical Reading Of The Tactics Will Help The Understanding And Implementation, And It Can Give Reference And Theoretical Support To The Tactical Systems For The Development Of Basketball.

Key Words: Basketball; Run And Gun; Tactics

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