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The relationship between depressive symptoms, parental psychological control, and family cohesion among minority adolescents

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Abstract:

This thesis research is part of a larger research project titled, "Adolescent Resiliency in Multi-Cultural Communities" (ARMCC). Previous research literature has focused on depressive symptoms among ethnic minority adolescents, yet little research has been conducted regarding whether parental psychological control and family cohesion relate to depressive symptoms among minority adolescents. The current research used date from 949 minority adolescents from California, North Carolina, and Oklahoma. The results of this study found a significant difference between genders on depressive symptoms, with female adolescents reporting significantly higher depressive symptoms than boys. No differences were found between genders on parental psychological control or family cohesion. Parental psychological control had a significant and positive relationship to depressive symptoms. Lastly, family cohesion had a significant and negative relationship to depressive symptoms.

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