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HOME	ABOUT	LOG	
IN REG	GISTER		
SEARCH	CURR	ENT	
ARCHIVES	IU	SCHOOL	
OF SOCIAL WORK			
Home > Vo Anstadt	ol 10, No	1 (2009) >	
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Intergenerational			
Groups:			
Rediscovering			
our Legacy			
Scott P. Anstadt, Deb Byster			
Abstract			

Intergenerational groups are a community-based group concept designed to engage and mobilize often untapped resources of older adults in effective interaction with younger populations. These groups support an atmosphere of synergistic interaction. Members of each generation share reflections on interpersonal strengths and

ASW Vol 10, No 1 (2009)
TABLE OF CONTENTS
Reading Tools
Intergenerational
Anstadt, Byster
Review policy Indexing metadata Notify colleague*
SEARCH JOURNAL
CLOSE
* Requires <u>registration</u>

capacities and rediscover emotional and spiritual anchors and bonding. Illustrated here is Community Connections (CC), developed using the phase driven participatory culturespecific intervention model (PCSIM; Nastasi, Moore &